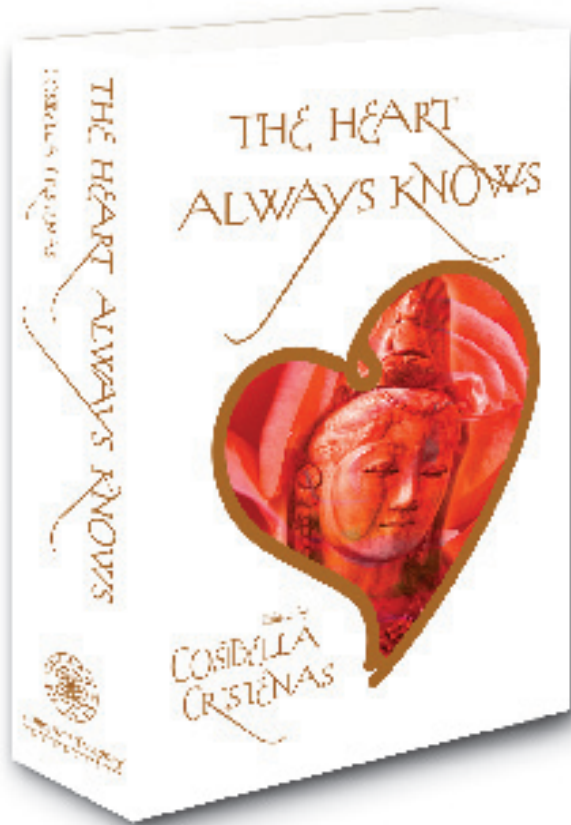


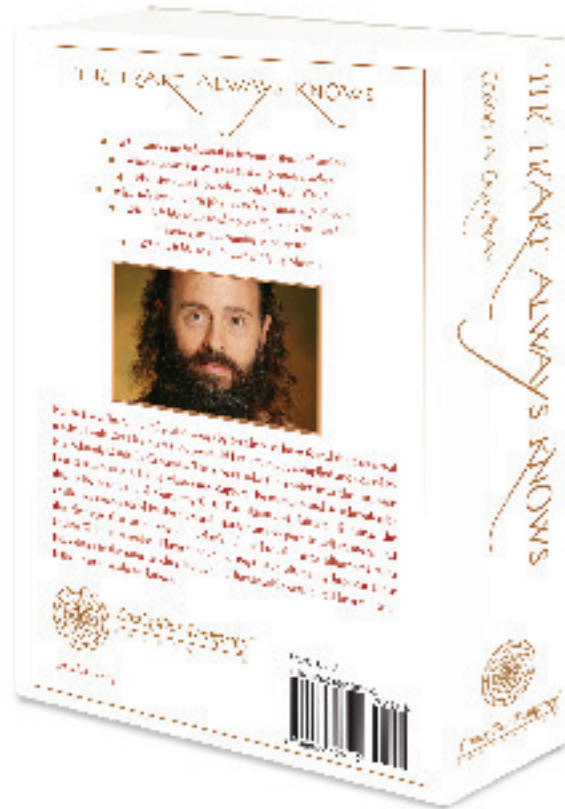
The Heart Always Knows — Media Kit



Louix Dor Dempriey
FOUNDATION

*A stunning account of 59 lives
that have been transformed
by the love of a living Master...*

Synopsis



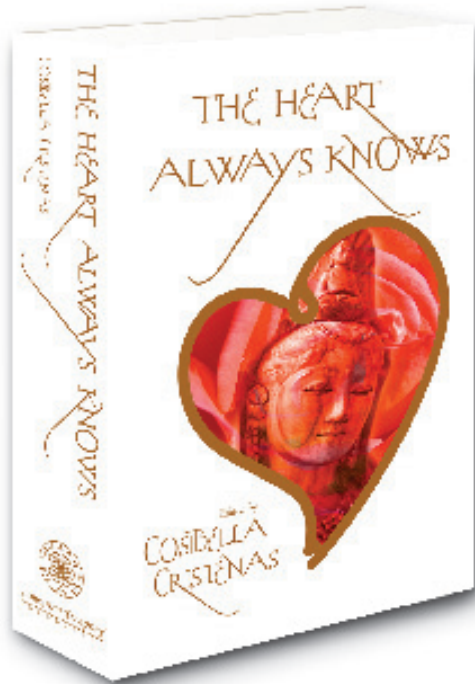
- ♥ What causes an individual to become a spiritual seeker?
- ♥ What motivates a seeker to find a spiritual teacher?
 - ♥ How does one know which teacher is the One?
- ♥ What role does a Guru play in one's spiritual unfoldment?
 - ♥ What is it like to surrender one's life to a Guru and to begin spiritual training in earnest?
 - ♥ What is it like to train with a Living Master?

The Heart Always Knows is a collection of fifty-nine essays written by people who have found their spiritual teacher, Louix Dor Dempriey (Bhagavan Sri Pranananda). These captivating stories take the reader into the intimate lives of students of a Living Master and capture the miracles and synchronicities that bring student and Guru together.

The rigours of Initiate training, the challenges encountered by the spiritual aspirant on the path to self-mastery, and the blessings that arise when a seeker's life is brought into alignment with Divine Will are revealed. These unique journeys have ultimately brought these individuals to the same teacher, led by their inextricably connected hearts... as it is the heart that always knows.



Introduction Excerpts



The only thing that surpasses having a profound experience of God is the joy of sharing that experience with others.

— Louix Dor Dempriey

...What is captured here on these pages is that magical turning point in the lives of ones who, after having had their spiritual awakening, sought the One whom their souls knew would lead and guide them up the mountain to God consciousness. Their stories recount all the divine synchronicities and serendipities that wove themselves into that first meeting, through the point whereby they knew it was time to surrender their lives to the Guru. They also tell of the many miracles and wonders that have transformed their lives since that fateful meeting...

...The process of liberating the soul is typically long and arduous—and often equally as rewarding and exhilarating—and has often been likened (by Masters) to the ascent of a Himalayan peak, the final push to the summit being the most challenging of all...

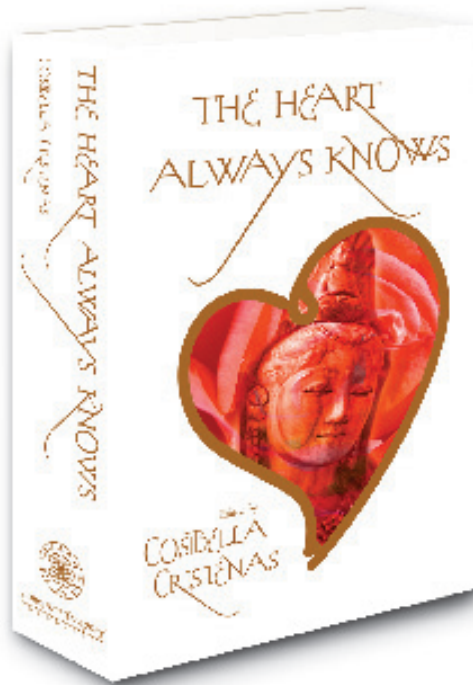
...Pranananda explains His role:

It is very important to understand the fullness of why anyone calls Me into his/her life. It is for one reason alone: to have a direct experience of God, which then, by its own magnetic nature, steadily and inexorably draws the individual closer to God. A natural effect of this blessing, of having the light of God shine luminously and directly upon an individual—at close range—is that this same Light also illuminates and, therefore, reveals much that formerly remained obscure, if not completely hidden. What becomes illuminated, in this manner, are many of one's inauthentic ways of being, dark or repressed behavioral patterns, as well as any and (if exposure to the Source of the light is sustained long enough) all other issues that had been hitherto suppressed, denied, and/or avoided. This process of Divine cause and effect is, likewise, unavoidable. Many people, quite simply, do not like this. They want to luxuriate upon receiving the blessing of so great a Love, but they loathe and despise having to become accountable to that Love.



Louix Dor Dempriey
FOUNDATION

Introduction Excerpts



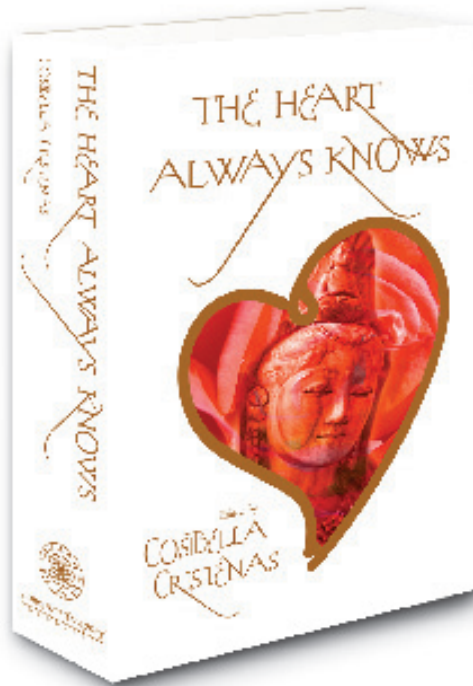
There is an age-old adage, “Much will be given, and much will be demanded.” And while it is true that the Love of all loves knows only to give and give without asking in return, it is not the Giver who demands (as most ignorantly accuse), but the self-replicating, all-perfecting, ever-radiating nature—itsself—of the love given, which demands loyalty, obedience, and servitude. Whenever there is resistance to this Universal Law of cause and effect, pain and suffering results. It is a virtual impossibility, however, to have one without the other. The very nature of God’s love is that it first reflects, and then perfects, all that is not of that love...

...How the Guru interacts with the disciple is entirely dependent upon what serves the highest good for the disciple in any particular moment. At times the Guru will act in ways that seem unorthodox, illogical, incongruous, and/or incomprehensible. No one could ever begin to fathom the intricacies and complexities—much less the scope—of Divine Mind. Thus, when one experiences the soft, nurturing qualities of God’s love in one moment, and then calls forth “tough” love in the next, it is vital that the disciple forego judgment and delve deeply into her/his faith and trust in the Guru. It is vital to always be mindful that, in every moment, the Guru is simply fulfilling the soul’s request by speaking and acting in whatever manner will initiate healing and growth, thus moving that disciple into deeper self-love and, ultimately, into God-union.



Chapter Excerpts

The Anointing



The story I am about to share is of an experience that not only changed my life, but one which I believe encapsulates the true essence of my amazing walk with Bhagavan Sri Pranananda. Pranananda is my teacher, mentor, and dear friend; however, above all, He is my Guru, a relationship that goes beyond any other.

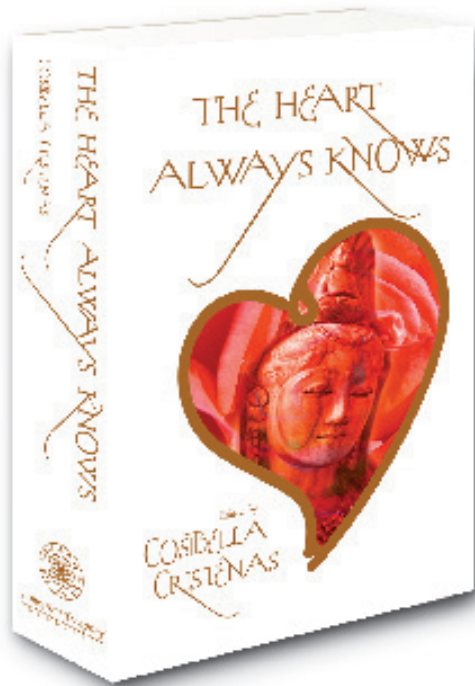
I see Pranananda as an open-heart surgeon. As a disciple, I have put my life into His loving and caring hands. And, like in any doctor/patient relationship, it requires an enormous amount of trust and faith to place oneself under the direct guidance of another. ... Through His omniscient gaze, Pranananda anticipates the ego's every move and strategically positions circumstances and "initiations" along one's path, which serve as the ultimate vehicle for growth. This, in turn, accelerates the healing process and provides the forum for a disciple to transcend any self-imposed limitations. In doing so, one will ultimately realize more inherent divinity and thereby attain greater peace and happiness.

There is much fear and misinformation about the concept of Gurus and self-mastery. I know because I had my own judgments and opinions with which to contend. While it is true that this path is not necessarily for everyone, it is also true that it is almost impossible to become a champion swimmer without a coach who has, to some degree, walked the path before you. Only one who has mastered a craft has the qualifications and experience to teach that craft, and to guarantee success. The Guru is that guarantee; a guarantee of liberation from a life without a sense of purpose, from a life riddled with more questions than answers, and from a life devoid of any true satisfaction and fulfillment. As you will see from my story, from the outside looking in, this walk can appear insane and sometimes even cruel—but is it really? The Guru/disciple relationship is specifically designed to push one's ego into submission and break it of its relentless control. In order to do this, the Guru must often go against what is acceptable in mainstream society. The beauty is that no one can ever know what to expect from the Guru, nor, even more importantly, how the ego's resistance to "let go, and let God" will play out; but it does make for a colorful journey, indeed...



Louix Dor Dempriey
FOUNDATION

Chapter Excerpts



...What transpired next would become the single, greatest experience of my life (up until that point, and for many years to come). It began as I took hold of my Guru's hands, and an electrical current began flowing up my arms and into my body. My breathing changed, and my body began to twitch, as infusions of Light penetrated the areas of greatest density and resistance. Soon I was convulsing, as Divine chills ran up my spine. My breathing became frantic, and I gasped for air. Pranananda's eyes stared directly into mine, like laser beams. As my consciousness expanded, I went into an altered state. Overwhelmed, I began to panic. I had lost control of my body. Moaning fiercely between breaths, beastly sounds followed, as I was consumed by the fear of going into cardiac arrest. Our eyes were galvanized upon one another, and we were now only a few inches apart. My head was cocked back, far beyond its natural flexibility, and my chest protruded outwards as my body arched back. My heart felt like it was being ripped from my chest, while simultaneously feeling impaled by a pillar of light...

...The intensity continued to increase with each breath, and soon I found myself fighting for dear life. Panic! My grip tightened... I was going to die! Pranananda kept His gaze locked on me, as I fell back to the ground while He supported me. Within seconds, fear took over and my reality faded, as the struggle for the next life-giving breath reached its crescendo. Suddenly the last ounce of breath was pulled out of my lungs... I stopped breathing...

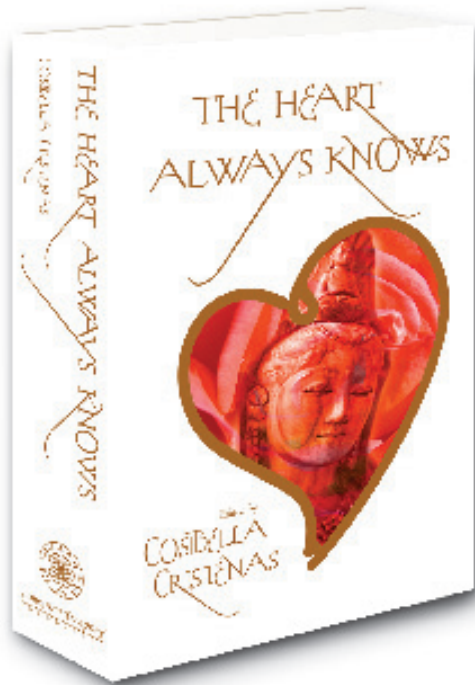
Silence...

All time and space had stopped. Instantly, an overwhelming sense of peace washed over me. Everything around me transformed into a liquid-like dream... I was free! In the very next moment, air came pouring into my lungs as, what felt like, my very first breath. At first, I was confused and disoriented, but slowly Pranananda came into focus. He was still staring into my eyes, holding me like an infant. "Was I dead?"

"No," He answered.



Chapter Excerpts

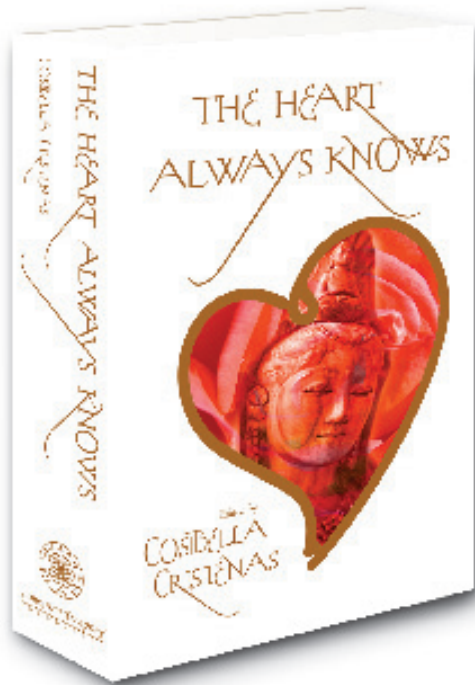


My eyes and ears began to adjust to the world around me. Everything had changed. Not only did everything radiate with an ethereal, golden hue—laced with the most beautiful of colors—but my physiology had also changed. The silence was now embellished with soft, ambient music, which Pranananda called the “Music of the Spheres,” and my body was free of all pain and burdens. I was One with everything. I could see the world through God’s “rose-colored lenses”—celestial perception. Everything was speaking to me, and, although I could not consciously understand it as words, I could feel it. It was amazing. Beyond words! I could communicate with everything around me, and, with a single thought, I could travel into the walls and feel the consciousness of the paint on the roof. When I focused on a flower, I could see its genetic blueprint and watch it being fed by the life force energy it was drawing from the soil. I could do all this; yet, at the same time, be in my physical body and aware of the physical world around me. The veil which had blinded me to the truth had finally lifted. I was resonating to the love that binds all of Creation, and I could see the truth—the real world. Finally, I could experience what Pranananda has spoken of all this time: the world masked by fear was really a treasure chest waiting to be rediscovered—full of peace, harmony, balance, ease, grace, and flow.



Chapter Excerpts

My Journey Fulfilled



...What if this was what I had been searching for my whole life? Even at the remote possibility that there was someone who could really teach me, someone who could really guide me and help explain all the things I felt, my curiosity was sparked. Then again, maybe this was just another “wild goose chase.” I had been on plenty of them, and, though I had always come out on the other side wiser and more aware, I really had to ask myself if it was worth it.

They invited me to the Wesak Festival in Mount Shasta, California, a celebration of the birth and life of Buddha, where this man would be a guest speaker. They told me that the festival began in about a week and urged me to attend. They even said they would organize a ride. I asked for this man’s name as they walked out of the shop and one of them called back from the hall: “His name is Louix Dor Dempriey.” Then they waved as they left the building.

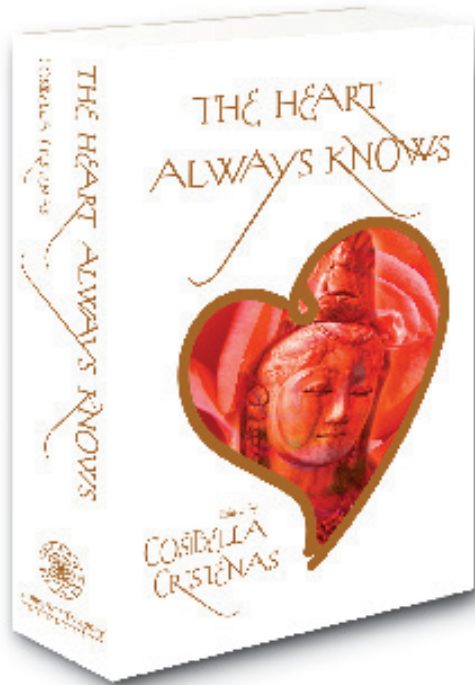
Energy immediately began to pour into my body with such force that I could barely stand. I started to become faint, and the room started to spin. I felt all my chakras blow out. I managed to lock the front door of the gallery before I collapsed in the backroom, shaking and vibrating wildly. I have had many different experiences of energy infusions, emotional releases, and shifts of consciousness throughout the course of my lifetime, and I have learned to decipher this unspoken language and come up with a rough understanding of most of my experiences. But this was unprecedented. I had spent entire weekends involved in the most intense emotional release work, to drink only a tiny fraction of the energy that was now pouring into me at an astounding rate. All this from hearing a name? What was going on here? I began to break down into tears. I was terrified, invigorated, and electrified all at once...

...Our group was welcomed in to attend a gathering wherein Prananandaji addressed and assisted each person through their issues, giving clarity and offering refinement to a series of events that had transpired over the course of the last couple of days. I listened



Louix Dor Dempriey
FOUNDATION

Chapter Excerpts



attentively, saying nothing, and, as I did, I became utterly transfixed. In all my years, with all the teachers, healings, lectures, books, and therapy I had experienced, I had never in my life been in the presence of anyone so devoted to speaking such beautiful truth and wisdom, expressed with limitless compassion, integrity, and grace. I spent the entire time drinking in the love that seemed to flow so effortlessly from this man's being. I was awestruck. No ego, no sugar coating, no motives, no preaching, just a driving desire to share the power of His love. I could feel this from the core of my being.

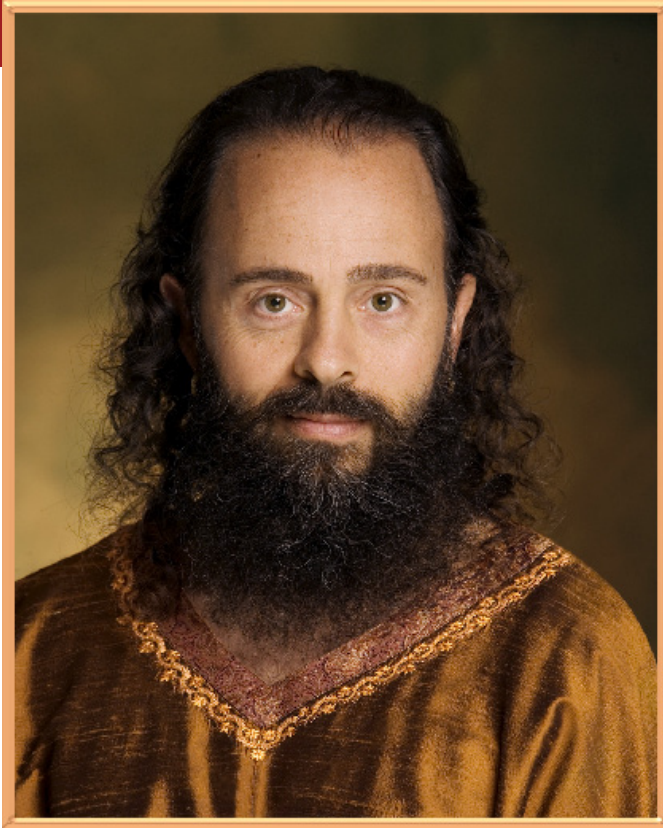
Throughout the course of His tendering, Prananandaji would turn His attention toward me, and gaze at me with a laser-beam intensity. This sent me reeling into uncontrollable outbursts of ear-splitting screams that, in spite of my desire to control them, would spontaneously explode from the hidden depths of my consciousness. After ten or fifteen minutes, I would just begin to relax as the wave of emotion resided, and He would, again, in the midst of counseling different members of our circle, gaze upon me, and the whole experience would resume with the same intensity. Each time, I was surprised at the level of emotion that was coming out of me as my body was convulsing and trembling. I felt that His invisible hand was reaching right into my chest cavity and extracting this pain and agony from within me. I knew in this moment that this was no “ordinary” man or teacher, and I was humbled by a love like no other...

...It was five hours of the most profound heart-piercing I had ever experienced, and I knew that this is what I came for. I also knew that if this beloved being was able to offer this miracle of healing and this limitless love to me as a stranger, then what more could He offer me as committed disciple and student. In that moment and forevermore, the fire in my heart for God ignited, beyond reason, that impossible dream of freedom, purpose, and peace that I longed for, and it had now finally become a tangible and achievable possibility.

My heart had known the answer all along. In that moment I knew the truth like never before, that this was The One who would guide me back into the heart of God. I didn't care what title He had or what anyone said about it. I had never felt that level of love or anything like it in my entire lifetime, and my soul hungered for more. That was all the proof I needed.



The Master



*The greatest adventure you will ever have
is the journey into your own heart.*

— Louix Dor Dempriey

Louix Dor Dempriey is a spiritual Master who has come into this world to help people restore their inherent divinity and live as unconditional love. Louix's darshan (receiving His personal blessing), as well as His illuminating discourses, meditations, and ceremonies, have invoked profound transformation in thousands of people of all spiritual and religious paths, and from all social, economic, and cultural backgrounds. With grace and humor, He imparts timeless wisdom in contemporary, practical teachings, making self-mastery and true, inner peace attainable for all—for His life models both the journey and the victory of God-realization.

In 1998, Louix wrote and self-published His autobiography, *Dawn of Enlightenment*, which is currently being re-written and expanded. Louix is the subject of a recently-released book entitled *The Heart Always Knows*; and a new DVD, *A Voice from Eternity (An Evening with Louix Dor Dempriey)*.

Louix's teachings have been published in magazines throughout the United States, Canada, Australia, New Zealand, and India; and He has been interviewed on television and radio programs in the United States, New Zealand, Egypt, and Australia. Louix's website www.Louix.org comprises a vast repository of His teachings, including discourses (audio, video, and written), stories, poetry, photos, book excerpts, and Q&A's.

The Louix Dor Dempriey Foundation, a non-profit educational organization, was established in 2007 to help spread Louix's teachings and to serve individuals and communities worldwide through its educational programs and humanitarian service initiatives.

Louix lives at Prema Drala Ashram in Southern California. He also has ashrams and study groups around the world.

For more information about Louix and/or the Louix Dor Dempriey Foundation, please visit www.Louix.org.



Louix Dor Dempriey
FOUNDATION

Press Release

For Immediate Release

A BOOK ABOUT A LIVING SPIRITUAL MASTER

Laguna Hills, CA. *The Heart Always Knows* is a collection of fifty-nine essays written by people whose inextricably linked hearts have led them to their spiritual teacher, Louix Dor Dempriey. These captivating stories take the reader into the intimate lives of students of a living Master and capture the miracles and synchronicities that abound in their walk with Him.

The accounts of these journeys, written by individuals from diverse walks of life, countries, and cultures, are as equally inspirational as they are unique. They reveal the rigours of Initiate training, challenges encountered on the path to self-mastery, and the blessings that arise when the seeker's life is brought into alignment with Divine will.

The Heart Always Knows is currently available at www.Louix.org.



Louix Dor Dempriey is a spiritual Master who has come into this world to help people restore their inherent divinity and live as unconditional love. With grace and humor, He imparts timeless wisdom in contemporary, practical teachings, making self-mastery and true, inner peace attainable for all—for His life models both the journey and the victory of God-realization. The Louix Dor Dempriey Foundation, a non-profit educational organization, was established in 2007 to share Louix's teachings and humanitarian programs with the world. Louix lives at Prema Drala Ashram in Laguna Hills, California, and has ashrams and study groups around the world. For more information, visit: www.Louix.org.



Information

Title: *The Heart Always Knows*

Release Date: February 2008

Pages: 752

Price: \$28.95

ISBN#: 978-0-9801981-0-2

Websites

www.Louix.org

Publisher

Louix Dor Dempriey Foundation
24100 El Toro Road, Ste. D-321
Laguna Woods, CA 92637 U.S.A.

Contact

Samantha Farber

Director of Public Relations

Louix Dor Dempriey Foundation

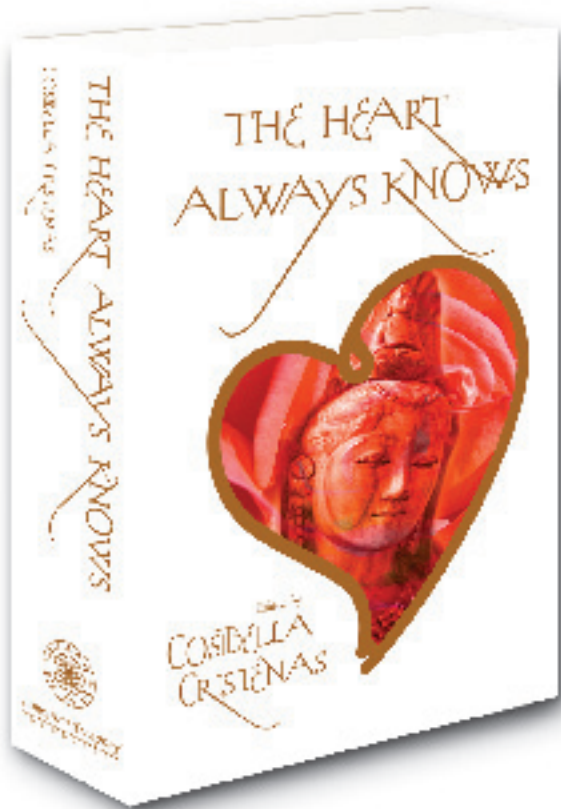
Toll-free (U.S.): (888) 288-3735

International: + 1(949) 314-2400

Fax: (949) 269-0113

E-mail: samantha@Louix.org

The Heart Always Knows...



*Available now at
www.Louix.org*



*Never resist an opportunity
to become greater love.*

– Louix Dor Dempriey



Louix Dor Dempriey
FOUNDATION